

Creating Community in a Remote Environment







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The Rationale of Building Strong Connections

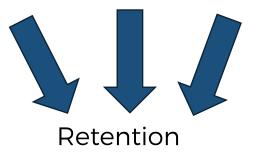
"Psychologists have long identified the desire to feel connected to others as a basic human need, and interpersonal relationships have a significant impact on our mental health, health behavior, physical health, and mortality risk" (Umberson & Montez, 2010)."





Why Connections are Important in the Workplace

- Engagement
- Collaboration Shared Knowledge Enhanced Team Performance
- Innovation
- Fulfillment, Satisfaction.
- A Sense of Inclusiveness and Belonging
- Reduced Health Risks







But Not Everyone is Seeking Connection....

Covid was gift for some

- Employers must create an environment that supports community...
 - Be purposeful in building connections
 - Model behavior
 - Recognize and value contributions of team members
 - Recognize disengagement
 - Support mental health and wellness
- Need to build connections with all





Building Communities with Purpose

Business Focus

- People need to feel welcomed and valued
- Create space with inclusive norms
- Determine mediums/times that work best
- Establish level playing field all virtual
- Set ground rules (camera on/off)
- Communicate, communicate, communicate
- Create alignment/purpose
- Career Mentorship
- Consider Initiatives that promote connection





Building Communities with Purpose

Social Focus

- Find common areas of interest
 - Virtual activities
 - Foster smaller communities
- One on ones or groups
- Check-ins





Thank You!



